

# Pond Road Middle School

## *CharacterStrong* Advisory Lessons

### Week of November 11, 2019

<b>5th Grade</b>	<a href="https://drive.google.com/file/d/1CobjfugkUudPYOaryvhh5sXwg2Ky6rYP/view?usp=sharing">https://drive.google.com/file/d/1CobjfugkUudPYOaryvhh5sXwg2Ky6rYP/view?usp=sharing</a>
<b>6th Grade</b> Lesson 10: Habit Development	Students will reflect on their own character and identify ways they could improve it. Students will know the definition of a habit. Students will understand that improving habits takes practice.
<b>7th Grade</b> Lesson 10: WOOP - Goal Setting	Students will reflect on their own character and identify ways they could improve it. Students will understand that WOOP is a goal-setting technique that can be used anywhere. Students will know that WOOP stands for Wish-Outcome-Obstacle-Plan. Students will be able to write a correct WOOP statement. Students will understand that accountability increases when we share our goals with others.
<b>8th Grade</b> Lesson 10: Relationship Skills #1	Students will reflect on their own character and identify ways they could improve it. Students will be able to identify things they have in common with their classmates. Students will be able to develop an open atmosphere of communication and sharing. Students will be able to build confidence in their ability to speak in front of a group.